

XLR8 Dance & Fitness Jan - Mar 2020

Wednesday's 3.15-4.15pm Dance & Cheerleading Fusion
Cunningham Infant & Junior School
Years R-6 - Boys & Girls - ALL Abilities

Dance & Cheer Moves ~ Tricks ~ Stunts ~ Lifts ~ Confidence
Stage Presence ~ Performance ~ Games ~ Team Work
Trust Exercises ~ Health & Wellbeing

Classes will take place at Cunningham Infant school.
All parents will need to pick up at 4.15pm from the Infants

SAVE THE
DATE!

Sunday 26th
April 2020
XLR8 Festival -
Back To The
90's!

Class Dates:

8th, 15th & 29th Jan

.....
5th, 12th & 26th Feb

.....
No Classes - 22nd Jan & 19th Feb

.....
4th, 11th, 18th & 25th Mar

Payment: 10 Weeks - £49.00

FULL payment due **by week 3**

You **MUST** sign up here:

xlr8-dance-fitness.class4kids.co.uk/

All details will be found here on how to pay, register and
receive XLR8 updates

What to wear: Comfortable clothing allowing full movement
including trainers/dance shoes. XLR8 uniform available.

What to bring: Sealed drink and small healthy snack (NO NUTS)

xlr8danceandfitness@gmail.com

 07756220152

