



Hertfordshire
**Family Centre
Service**

FAMILIES FEELING SAFE

A 9 week course to enable parents and carers to recognise and build on their own strengths in managing and understanding their children's behaviour, communicating with others, expressing feelings and making safe choices.

Crèche Available
£3 per child

Speak to a member
of staff.

For Parents

Where: Quakers Meeting Hall
Postcode: AL5 1PD

When: Monday Mornings, 9.45am-11.45am

Dates: 27/01/2020 to 30/03/2020
(not 17/02/2020 Feb-Half Term)

Interested? Please speak to a member of staff.

0300 123 7572

www.hertsfamilycentres.org

Delivered by



InspireAll



Hertfordshire Community
NHS Trust

On behalf of



Hertfordshire