



Natural Flair Coaching Ltd Presents
Saturday Masterclass Series



That's It Your Grounded!

The Survival Guide For Parenting Teens

An interactive masterclass which allows you to explore tips and strategies for surviving parenting through the teenage years



Topics Include:

- ◆ Understanding Teen Development
- ◆ Neuro-science of teen brain development, Sleep and puberty and how it affects behaviour
- ◆ Why grounding and withdrawal of privileges doesn't always work
- ◆ New ideas for handling common and difficult teen culture issues

Delivered by:

Sharon Lawton – Award Winning Parent Coach, Natural Flair Coaching Ltd

Venue: The Members Lounge,
University of Hertfordshire Sports Village, de
Havilland Campus, Hatfield AL10 9EU

Time: 9.30am – 12.30pm

Date: Saturday 16th November 2019

Price: £36 early bird – full price £45.00

Previous course sold out

Early bird tickets available until 21st Oct



This bespoke interactive session is delivered by Sharon Lawton, an award winning parent coach and DISC behaviour profiling specialist.

Grounding your child, removing privileges, are meant to "teach a lesson." But research shows that kids get preoccupied with the unfairness of the punishment, instead of feeling sorry for what they did wrong, leaving us feeling at a loss of what to do next.

Our workshop/talk covers the latest in the psychology of behaviour and parenting to look at how to do things differently to get the result you want

Spaces are limited –to book your place please reply to:

Email: admin@natural-flair.com or www.natural-flair.com/shop



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