

Tilly's Dance & Yoga Factory SPRING TERM 2019

MONDAY AFTER-SCHOOL YOGA CLUB

@ CUNNINGHAM JUNIOR SCHOOL

Years 3,4,5 & 6 - Boys and Girls Welcome

9 weeks @ £51.75

(10% sibling discount available)

COME & JOIN ME FOR SOME FUN & RELAXATION

Sun Salutations, YOGA acro, exercising and relaxing our bodies & minds, YOGA games, fun YOGA poses, ToeGA, YOGA-OGRAHY & learn how to relax and fire breath!

3.20-4.20pm



Namaste.

Book a Space www.tillysdancefactory.co.uk

07792265256

